



# COVID-19 SAFETY PLAN

PARRAMATTA TOUCH FOOTBALL ASSOCIATION INC.

Association / Club	Parramatta Touch Football Association Inc.
Ground Location	Doyle Ground Macarthur Street, North Parramatta 2151
Club Facility Location	Doyle Ground Macarthur Street, North Parramatta 2151
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Version	2
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## 1. Introduction

The purpose of this COVID-19 Safety Plan (Plan) is to provide an overarching plan for the implementation and management of procedures by Parramatta Touch Football Association to support club and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the Parramatta Touch Football Association Inc. Any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at Parramatta Touch Association facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

## 2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (AIS Framework) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (National Principles).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Parramatta Touch Football Association's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Parramatta Touch Football Association must consider and apply all applicable State and Territory Government and local restrictions and regulations. Parramatta Touch Football Association needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.



### 3. Responsibilities under this Plan

Parramatta Touch Football Association retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Executive Committee of Parramatta Touch Football Association is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Executive Committee has appointed the following person as the Parramatta Touch Football Association COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Garry Collins
Contact Email	gaz.jules5@gmail.com
Contact Number	0403242422

Parramatta Touch Football Association expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Parramatta Touch Football Association;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

### 4. Return to Sport Arrangements

As at the date of this Plan, 1<sup>st</sup> January 2021 participants are training at Level C of the AIS Framework.

#### 4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level C of the AIS Framework are set out in the Appendix.



## 4.2 Roadmap to a COVIDSafe Australia

Parramatta Touch Football Association will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

- Note: In accordance with the NSW Public Health (Covid-19 Restrictions on Gathering and Movement) Order (no. 4) 2020, for community sporting competitions and training the number of people in a facility must not exceed one person per 4 square metres of space (excluding staff) to a maximum of 3000 people.

AIS Activities	<b>Level A:</b> Training in no more than pairs. Physical distancing required.	<b>Level B:</b> Indoor/outdoor activity. Training in small groups up to 20. Physical distancing required.		<b>Level C:</b> Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	<b>Step 1:</b> No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	<b>Step 2:</b> Indoor/outdoor sport up to 20 people. Physical distancing (density 4m <sup>2</sup> ).	<b>Step 3:</b> Venues allowed to operate with up to 500 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	<b>Step 4:</b> Venues allowed to operate with up to 3000 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.

## 5. Recovery

When public health officials determine that the outbreak has ended in the local community, Parramatta Touch Football Association will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Parramatta Touch Football Association will also consider which protocols can remain to optimise good public and participant health.

At this time the Executive Committee of Parramatta Touch Football Association will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.



## Appendix: Outline of Return to Sport Arrangements

### Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level C) Club to provide further detail
Approvals	<p>Parramatta Touch Football has obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> <li>• Relaxation of public gathering restrictions to enable Return to Sport (contact) to occur.</li> <li>• Local government/venue owner approval (ie Parramatta City Council) for training and competition commencement at Doyle Ground, Macarthur Street, North Parramatta.</li> <li>• State Sporting Organisation (ie NSW Touch Football) approval for return to competition.</li> <li>• Parramatta Touch Football committee has approved return to training and competition for club.</li> <li>• Insurance arrangements confirmed to cover competition through NSW Touch Football.</li> </ul>
Training & Competition Processes	<p>In Accordance with the NSW Public Health (Covid-19 Restrictions on Gathering and Movement) Order (no.4) 2020, for community sporting competitions and training, the number of people in a facility must not exceed one person per 4 square metres of space (excluding staff) to a maximum of 3000 people.</p> <ul style="list-style-type: none"> <li>• Full competitive matches permitted within the normal rules of the game.</li> <li>• Full contact training is permitted.</li> <li>• Players should not arrive more 15 minutes prior to training/game commencing.</li> <li>• Players must arrive in full kit and ready to play/train.</li> <li>• Parents and spectators will be required to watch from designated areas and physical distancing of 1.5 metres must be adhered to.</li> <li>• Sanitising requirements continue from Level B.</li> <li>• Players and spectators must leave the venue/facility as soon as possible following the conclusion of their match/session.</li> </ul>
Personal health	<p>Parramatta Touch Football will continue to reinforce the following requirements for all players, officials and spectators:</p>





	<ul style="list-style-type: none"> <li>• Do not attend if you have: Fever or symptoms of respiratory infection (cough, sore throat, shortness of breath) returned from overseas in the last 14 days. been in close contact with a confirmed case of COVID-19 (coronavirus) in the last 14 days</li> <li>• You must not: Shake hands before and after the game/training No team huddles or high fives Absolutely no spitting</li> </ul>
Hygiene	<p>Parramatta Touch Football will have Sanitisation Stations at competition and training venues (Doyle Ground), whereby all the players will upon arrival at the park and prior to participating in a match, ensure that they have sanitised their hands with the products provided.</p> <ul style="list-style-type: none"> <li>• Toilets will be open with hand soap available.</li> </ul>
Communications	<p>Parramatta Touch Football has informed all teams and players in writing via e-mail, social media and printed communications Return to Sport. These include:</p> <ul style="list-style-type: none"> <li>• Remain at home if unwell or have been in contact with a confirmed/suspected case of Covid-19</li> <li>• Remain at home if returned from overseas in the last 14 days</li> <li>• Avoid close contact with people unwell with cold or flu like systems.</li> <li>• Make sure you arrive at the venue ready to train or play.</li> <li>• All players and officials must record their attendance.</li> <li>• Upon arrival at the venue and prior to participating in a match, ensure you have sanitised your hands with the products provided</li> <li>• Clean your hands with soap and water for 20 seconds or use a alcohol-based hand rub/sanitiser after touching any frequently touched surfaces</li> <li>• Cover you nose and mouth with a tissue when coughing or sneezing or use your elbow, not your hands</li> <li>• Avoid touching your face and avoid shaking hands with others</li> <li>• Parents and spectators will be required to watch from designated areas and physical distancing of 1.5 metres must be adhered.</li> <li>• Download the COVID Safe APP to assist with contact tracing</li> </ul>



	<p>Parramatta Touch will have signage at competition and training facilities to reinforce and remind all players, officials and spectators of their obligations.</p> <p>No matter how the coronavirus pandemic is affecting you, Beyond Blue have developed a range of information, strategies and expert advice to help support your social and emotional wellbeing.</p>
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## Part 2 - Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level C) and NSW Public Health (Covid-19) Restrictions on Gathering and Movement) Order (No. 4) 2020
Approvals	<p>Parramatta Touch Football has obtained the following approvals to allow a return to competition at Level c:</p> <ul style="list-style-type: none"> <li>• Relaxation of public gathering restrictions to enable Return to Sport (contact) to occur</li> <li>• Local government approval (The City of Parramatta Council) for training and competition commencement at Doyle Ground, Macarthur Street, North Parramatta</li> <li>• State Sporting Organisation (ie NSW Touch Football) approval for the return to competition</li> <li>• Parramatta Touch Football Association committee has approved return to training and competition by the club.</li> <li>• Insurance arrangements confirmed to cover competition through NSW Touch Football.</li> </ul>
Facilities	<p>Parramatta Touch Football will:</p> <ul style="list-style-type: none"> <li>• Wash and disinfect footballs before and after each competition game / training session. Cleaned and sanitised footballs will be used for each field, and each game /training timeslot.</li> <li>• Wash and disinfect all other equipment (such as tables, markers, banners, signage) before and after each competition / training session</li> <li>• Have Sanitisation stations prominently positioned at the fields for the players to handrub</li> </ul>





	<p>prior to participating in a match or training session.</p> <ul style="list-style-type: none"> <li>• Have signage displayed</li> <li>• Adhere to hygiene and cleaning protocols and the provision of appropriate health and safety equipment, Personal Protective Equipment (PPE)</li> </ul>
Facility access	<p>Parramatta Touch Football will communicate and reinforce the following facility access requirements:</p> <ul style="list-style-type: none"> <li>• In accordance with the NSW Public Health (Covid-19 Restrictions on Gathering Movement) Order (No.4) 2020 for community sporting competitions and training, the number of people in a facility must not exceed one person per 4 square metres of space (excluding staff) to a maximum of 3000 people.</li> <li>• Players should not arrive more than 15 minutes prior to training / game commencing</li> <li>• Parent and spectators will be required to watch from the designated areas and physical distancing of 1.5 metres must be adhered</li> <li>• Players and spectators must leave the venue/facility as soon possible following the conclusion of their match / session</li> <li>• An Attendance Register will be kept whereby all players and referees / committee members/spectators must record their attendance and sign the game sheet.</li> <li>• NSW Service App to apply</li> </ul>
Hygiene	<p>Parramatta Touch Football will have Sanitisation stations at competition and training venues (Doyle Ground), whereby all players will upon arrival at the park and prior to participating in a match, ensure that they have sanitised their hands with the products provided.</p> <ul style="list-style-type: none"> <li>• Toilets will be open with hand soap available.</li> </ul>
Management of unwell participants	<p>Parramatta Touch Football will:</p> <ul style="list-style-type: none"> <li>• Direct any players who attend competition /training sessions whilst displaying COVID-19 symptoms to leave the facility immediately and seek medical advice /testing</li> <li>• Request written medical clearance or evidence of a negative COVID-19 test before return to play if asked to leave the facility due to displays of symptoms.</li> <li>• Report any known cases of or test for COVID-19 to TFA by emailing <a href="mailto:Coronavirus@touchfootball.com.au">Coronavirus@touchfootball.com.au</a> then work with NSW Health for the next steps</li> </ul>
Club	<p>Parramatta Touch Football has informed all teams and players in writing via email, social media</p>



responsibilities	<p>and printed communications Return to Sport. These include:</p> <ul style="list-style-type: none"><li>• Remain at home if you feel unwell</li><li>• Download the COVIDSafe App and ensure it is functional</li><li>• Spectators</li><li>• Make sure you arrive at the venue ready to play</li><li>• Upon arrival at the venue and prior to participating in a match, ensure that you have sanitised your hands with products provided</li><li>• All players must record their attendance NSW Service App to apply</li></ul> <p>Parramatta Touch Football will have signage at competition and training facilities to reinforce and remind all players and participants of their obligations</p>
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## Appendix 2: Parramatta Touch Return to Play – COVIDsafe Requirements



ALL PLAYERS MUST SIGN IN USING QR CODES DISPLAYED AT THE FIELDS NSW SERVICE APP TO APPLY

Unregistered players will be asked to leave the venue immediately.

## COVID-19 GAMEDAY PROTOCOLS

- Full competitive matches permitted within the normal Rules of the Game
- Players should not arrive more than 15 minutes prior to game commencement
- Players must arrive in full kit and ready to play
- Training/friendly matches are not allowed on competition nights
- The team contact is responsible for bringing hand sanitiser to each match.
- Hand sanitiser must be applied to all players and officials prior to the start of the match
- Participating players and registered coaches ONLY in the sub box area and immediate sideline during games
- Parents and spectators will be required to watch from designated areas (as signposted) and physical distancing of 1.5 metres must be adhered
- No sharing of pens, clip boards, whistles, cards, clothing etc
- No sharing of lollies, chocolates, fruit or any food or drink
- Public toilets will be open with hand soap available
- Players and spectators must leave the venue/facility as soon as possible following the conclusion of their match

You must not

- : • Shake hands before or after the game
- No team huddles or high fives
- Absolutely NO SPITTING

Do not attend if you have

- fever or symptoms of respiratory infection (cough, sore throat, shortness of breath)
- returned from overseas in the last 14 days



- been in close contact with a confirmed case of COVID-19: (coronavirus) in the last 14 days

If you are tested for COVID-19, **immediately** notify

- Parramatta Touch Football via email at [parratouch@hotmail.com](mailto:parratouch@hotmail.com), and
- Touch Football Australia by emailing [coronavirus@touchfootball.com.au](mailto:coronavirus@touchfootball.com.au)

**DOWNLOAD the COVIDSafe App to help contact tracing of people exposed to COVID-19.**

### Support

No matter how the coronavirus pandemic is affecting you, Beyond Blue have developed a range of information, strategies and expert advice to help support your social and emotional wellbeing

